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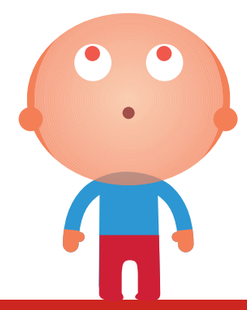
Protect your child from secondhand smoke

DON'T ALLOW SMOKING IN YOUR HOME OR CAR

Children exposed to secondhand smoke are more likely to get **chest infections**, **asthma attacks** and **ear trouble**.



A smokefree home = a smokefree child.

For help with giving up smoking, speak to your GP or pharmacist, or call:

NHS: 0800 169 0169 or QUIT: 0800 002200

FACULTY OF PUBLIC HEALTH
www.fph.org.uk
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Copies of this poster and accompanying leaflet for parents and carers can be downloaded from www.fph.org.uk or www.ash.org.uk - © FPH / ASH August 2008

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