

# National policy drivers (2)

# Tool H10

Policies and programmes related to healthy eating, physical activity and the wider determinants of health



For fuller details of these documents, and how they relate to hypertension, see [www.fph.uk](http://www.fph.uk), under Policy and Communications, Publications, 'Easing the Pressure: Tackling Hypertension'.

## ENGLAND

### HEALTHY EATING

#### **Alcohol Harm Reduction Strategy for England (2004)**

[www.strategy.gov.uk](http://www.strategy.gov.uk)

#### **Better Hospital Food Programme (Ongoing)**

[www.betterhospitalfood.com](http://www.betterhospitalfood.com)

#### **Food and Health Action Plan (2005)**

[www.dh.gov.uk](http://www.dh.gov.uk)

#### **Food in Schools Programme (Ongoing)**

[www.dh.gov.uk](http://www.dh.gov.uk)

#### **Healthy Start (2005)**

[www.dh.gov.uk](http://www.dh.gov.uk)

#### **National Healthy Schools Programme (Ongoing)**

[www.wiredforhealth.gov.uk](http://www.wiredforhealth.gov.uk)

#### **The Strategy for Sustainable Farming and Food: Facing the Future (2003)**

[www.defra.gov.uk](http://www.defra.gov.uk)

#### **5 A DAY Programme (Ongoing)**

[www.5aday.nhs.uk](http://www.5aday.nhs.uk)

### PHYSICAL ACTIVITY

#### **Activity Co-ordination Team (Ongoing)**

[www.dh.gov.uk](http://www.dh.gov.uk)

#### **Game Plan: A Strategy for Delivering Government's Sport and Physical Activity Objectives (2002)**

[www.number10.gov.uk](http://www.number10.gov.uk)

#### **Local Exercise Action Plan (Ongoing)**

[www.dh.gov.uk](http://www.dh.gov.uk)

#### **New Opportunities in PE and Sport Initiative (Ongoing)**

[www.nof.org.uk](http://www.nof.org.uk)

#### **Safe Routes to School (Ongoing)**

[www.saferoutestoschools.org.uk](http://www.saferoutestoschools.org.uk)

### WIDER DETERMINANTS

#### **Every Child Matters: Change for Children (2004)**

[www.everychildmatters.gov.uk](http://www.everychildmatters.gov.uk)

#### **Health and Social Care Act 2001: Health Scrutiny Provisions**

[www.legislation.hmsa.gov.uk](http://www.legislation.hmsa.gov.uk)

#### **Health Inequality Targets (2002)**

[www.dh.gov.uk](http://www.dh.gov.uk)

#### **Healthy Living Centre Programme (Ongoing)**

[www.nof.org.uk](http://www.nof.org.uk)

#### **Local Government Act 2000**

[www.hmsa.gov.uk](http://www.hmsa.gov.uk)

#### **New Deal for Communities (Ongoing)**

[www.neighbourhood.gov.uk](http://www.neighbourhood.gov.uk)

#### **NHS Plan. A Plan for Investment. A Plan for Reform (2000)**

[www.nhs.uk/nhsplan](http://www.nhs.uk/nhsplan)

#### **Opportunities for All: Tackling Poverty and Social Exclusion (Ongoing)**

[www.dwp.gov.uk](http://www.dwp.gov.uk)

#### **Skills and Knowledge Programme (Ongoing)**

[www.neighbourhood.gov.uk](http://www.neighbourhood.gov.uk)

#### **Sure Start (Ongoing)**

[www.surestart.gov.uk](http://www.surestart.gov.uk)

#### **Tackling Health Inequalities. A Programme for Action (2003)**

[www.dh.gov.uk](http://www.dh.gov.uk)

## SCOTLAND

### HEALTHY EATING

#### **Eating for Health – Meeting the Challenge (2004)**

[www.scotland.gov.uk](http://www.scotland.gov.uk)

#### **Heart Health National Learning Network (Ongoing)**

[www.phis.org.uk](http://www.phis.org.uk)

#### **Healthy Living Programme (Ongoing)**

[www.healthyliving.gov.uk](http://www.healthyliving.gov.uk)

#### **Healthy Start (2005)**

[www.dh.gov.uk](http://www.dh.gov.uk)

#### **Hungry for Success: A Whole School Approach to School Meals in Scotland. Final Report of the Expert Panel on School Meals (2002)**

[www.scotland.gov.uk](http://www.scotland.gov.uk)

#### **Plan for Action on Alcohol Problems (2002)**

[www.alcoholinformation.isdscotland.org](http://www.alcoholinformation.isdscotland.org)

#### **Scottish Community Diet Project (Ongoing)**

[www.dietproject.org.uk](http://www.dietproject.org.uk)

#### **Scottish Healthy Choices Award Scheme (Ongoing)**

[www.shcas.co.uk](http://www.shcas.co.uk)

### PHYSICAL ACTIVITY

#### **Active Schools Strategy (Ongoing)**

[www.scotland.gov.uk](http://www.scotland.gov.uk)

#### **Let's Make Scotland More Active: A Strategy for Physical Activity (2003)**

[www.scotland.gov.uk](http://www.scotland.gov.uk)

#### **New Opportunities in PE and Sport Initiative (Ongoing)**

[www.nof.org.uk](http://www.nof.org.uk)

#### **Safe Routes to School (Ongoing)**

[www.scotland.gov.uk](http://www.scotland.gov.uk)  
[www.saferoutestoschool.org.uk](http://www.saferoutestoschool.org.uk)

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## WIDER DETERMINANTS

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### **Being Well – Doing Well (Ongoing)**

[www.healthpromotingschools.co.uk](http://www.healthpromotingschools.co.uk)

### **Coronary Heart Disease, Stroke and Cancer Programme (Ongoing)**

[www.nof.org.uk](http://www.nof.org.uk)

### **Early Years National Learning Network (Ongoing)**

[www.ltsotland.org.uk](http://www.ltsotland.org.uk)

### **Fair for All (2002)**

[www.scotland.gov.uk](http://www.scotland.gov.uk)

### **Health and Homelessness Guidance (2001)**

[www.scotland.gov.uk](http://www.scotland.gov.uk)

### **Healthy Living Centre Programme**

[www.nof.org.uk](http://www.nof.org.uk)

### **NHS Reform (Scotland) Act (2004)**

[www.legislation.hmsa.gov.uk](http://www.legislation.hmsa.gov.uk)

### **Our Community's Health: Guidance on the Preparation of Joint Health Improvement Plans (2001)**

[www.show.scot.nhs.uk](http://www.show.scot.nhs.uk)

### **Partnership for Care (2003)**

[www.scotland.gov.uk](http://www.scotland.gov.uk)

### **Scotland's Health At Work Scheme (Ongoing)**

[www.shaw.uk.com](http://www.shaw.uk.com)

### **Starting Well (Ongoing)**

[www.phis.org.uk](http://www.phis.org.uk)

### **Sure Start (Ongoing)**

[www.surestart.gov.uk](http://www.surestart.gov.uk)

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## WALES

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### HEALTHY EATING

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#### **Community Food Initiative (Ongoing)**

[www.cmo.wales.gov.uk](http://www.cmo.wales.gov.uk)

#### **Food and Fitness Health Promoting Grants (Ongoing)**

[www.wales.gov.uk](http://www.wales.gov.uk)

#### **Food and Well Being – Reducing Inequalities through a Nutrition Strategy for Wales (2003)**

[www.food.gov.uk](http://www.food.gov.uk)

#### **Healthy Start (2005)**

[www.dh.gov.uk](http://www.dh.gov.uk)

#### **Investing in a Better Start: Promoting Breastfeeding in Wales (2001)**

[www.wales.gov.uk](http://www.wales.gov.uk)

#### **National Healthy Schools Programme**

[www.wiredforhealth.gov.uk](http://www.wiredforhealth.gov.uk)

#### **Nutrition and Catering Framework (2002)**

[www.wales.nhs.uk](http://www.wales.nhs.uk)

#### **5 A DAY Programme (Ongoing)**

[www.5aday.nhs.uk](http://www.5aday.nhs.uk)

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### PHYSICAL ACTIVITY

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#### **Climbing Higher – Sport and Active Recreation in Wales (2003)**

[www.wales.gov.uk](http://www.wales.gov.uk)

#### **Healthy and Active Lifestyles in Wales: A Framework for Action (2003)**

[www.cmo.wales.gov.uk](http://www.cmo.wales.gov.uk)

### **New Opportunities in PE and Sport Initiative**

[www.nof.org.uk](http://www.nof.org.uk)

### **Physical Education and School Sport Task Force (Ongoing)**

[www.hp.wales.gov.uk](http://www.hp.wales.gov.uk)

### **Road Safety Strategy for Wales (2003)**

[www.wales.gov.uk](http://www.wales.gov.uk)

### **Safe Routes to Schools Initiative (Ongoing)**

[www.saferoutestoschool.org.uk](http://www.saferoutestoschool.org.uk)

### **Transport Framework for Wales (2001)**

[www.wales.gov.uk](http://www.wales.gov.uk)

### **Walking and Cycling Strategy for Wales (2002)**

[www.wales.gov.uk](http://www.wales.gov.uk)

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## WIDER DETERMINANTS

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### **Coronary Heart Disease, Stroke and Cancer Programme**

[www.nof.org.uk](http://www.nof.org.uk)

### **Inequalities in Health (Ongoing)**

[www.cmo.wales.gov.uk](http://www.cmo.wales.gov.uk)

### **The Review of Health and Social Care in Wales (2003)**

[www.wales.nhs.uk](http://www.wales.nhs.uk)

### **Sure Start (Ongoing)**

[www.surestart.gov.uk](http://www.surestart.gov.uk)

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## NORTHERN IRELAND

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### HEALTHY EATING

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#### **Catering for Healthier Lifestyles – Compulsory Nutritional Standards for School Meals (Ongoing)**

[www.deni.gov.uk](http://www.deni.gov.uk)

#### **Fit Futures: Focus on Food, Activity and Young People (2004)**

[www.investingforhealthni.gov.uk](http://www.investingforhealthni.gov.uk)

#### **Fresh Fruit in Schools (Ongoing)**

[www.investingforhealthni.gov.uk](http://www.investingforhealthni.gov.uk)

#### **Health Promoting Schools Initiative (Ongoing)**

[www.investingforhealthni.gov.uk](http://www.investingforhealthni.gov.uk)

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### PHYSICAL ACTIVITY

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#### **A Five Year Physical Activity Strategy and Action Plan (2004)**

[www.dhsspsni.gov.uk](http://www.dhsspsni.gov.uk)

#### **Northern Ireland Cycling Strategy (2000)**

[www.healthpromotionagency.org.uk](http://www.healthpromotionagency.org.uk)

#### **Walking Northern Ireland: An Action Plan (2003)**

[www.roadsni.gov.uk](http://www.roadsni.gov.uk)

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## WIDER DETERMINANTS

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### **Coronary Heart Disease, Stroke and Cancer Programme (Ongoing)**

[www.nof.org.uk](http://www.nof.org.uk)

### **A Healthier Future: A Twenty Year Vision for Health and Wellbeing in Northern Ireland 2005-2025 (2004)**

[www.dhsspsni.gov.uk](http://www.dhsspsni.gov.uk)

### **People and Places: A Strategy for Neighbourhood Renewal (2003)**

[www.dsdni.gov.uk](http://www.dsdni.gov.uk)

### **Sure Start (Ongoing)**

[www.surestart.gov.uk](http://www.surestart.gov.uk)

### **Workplace for Health (Ongoing)**

[www.workingforhealthni.gov.uk](http://www.workingforhealthni.gov.uk)