

Checklist for reviewing current activity

Carrying out an audit of local services and initiatives to identify priorities and target groups (and gaps in provision) is particularly helpful when resources and budgets are limited.

The audit checklist below can be used to help map current services and initiatives, grouped under various settings, and any identified gaps will help shape the development of a local hypertension strategy. For ease of use, use the proforma provided online (see details below).

For each service or initiative in the checklist below, assess:

- How well does it meet needs? (Score +, or ++, or +++)
- Which groups are missing out? (Specify)
- What development or further action is needed? (Specify)

Add your own local services or initiatives as appropriate.



A copy of the proforma below – which can be completed online – can be found at: www.fph.org.uk. (See Policy and Communications, Publications, 'Easing the Pressure: Tackling Hypertension')

Service/initiative	How well does it meet needs? Score + or ++, or +++	Which groups are missing out?	What development or further action is needed?
PREVENTION			
Home setting			
Infant nutrition eg breastfeeding			
Pre-school child nutrition eg Sure Start			
Pre-school child active play eg playgroups			
School setting			
School child nutrition eg school fruit and vegetable scheme, school meals, vending machines, water			
School child physical activity eg PE and sports, travel to and from school			
Leisure setting			
eg healthy walks, exercise referral scheme, etc			
Workplace setting			
(Specify)			
Community group setting			
(Specify)			

Service/initiative	How well does it meet needs? Score + or ++, or +++	Which groups are missing out?	What development or further action is needed?
Primary care setting			
(Specify)			
'High street' setting			
(Specify)			
Local media			
(Specify)			
etc.			
DETECTION AND CONTROL			
General practices			
(Specify)			
Pharmacies			
(Specify)			
Walk-in centres, etc			
(Specify)			
Hospitals			
(Specify)			
etc.			
INFRASTRUCTURE			
Training			
(Specify)			
IT systems			
(Specify)			
Premises			
(Specify)			
Workforce planning			
(Specify)			
Sustainable funding			
(Specify)			
etc.			