

# Proforma for developing a hypertension action plan

## Tool H8

This tool can be used to help build up the key elements of a local hypertension action plan (including prevention, detection and control), and to keep track of what is to be delivered by whom and by when. For ease of use, use the proforma provided online (see details below).



A copy of this proforma – which can be completed online – can be found at: [www.fph.org.uk](http://www.fph.org.uk). (See Policy and Communications, Publications, 'Easing the Pressure: Tackling Hypertension')

HOME				
Intervention	Deliverable(s)	Lead partner	By when	Notes
1 (eg breastfeeding)				
2				
etc				
SCHOOL				
Intervention	Deliverable(s)	Lead partner	By when	Notes
1 (eg healthy school meals)				
2				
etc				
LEISURE				
Intervention	Deliverable(s)	Lead partner	By when	Notes
1				
2				
etc				
WORKPLACE				
Intervention	Deliverable(s)	Lead partner	By when	Notes
1				
2				
etc				
COMMUNITY				
Intervention	Deliverable(s)	Lead partner	By when	Notes
1				
2				
etc				
PRIMARY CARE				
Intervention	Deliverable(s)	Lead partner	By when	Notes
1				
2				
etc				
OTHER				
Intervention	Deliverable(s)	Lead partner	By when	Notes
1				
2				
etc				