



**FACULTY OF
PUBLIC HEALTH**

Speciality Registrars in Public Health Induction Pack

August 2018

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FPH Speciality Registrar Committee

www.fph.org.uk

Congratulations on your appointment to Public Health Speciality Training.

Welcome to our community of Speciality Registrars (Registrars) across the Four Nations.

This is an exciting time to be working to improve the public's health as *globally* we focus on the Sustainable Development Goals, *nationally* we tackle UK priorities such as air quality and the integration of health and social care, and *locally* we seek to understand and address inequalities in health and the wider determinants – such as education and housing.

Together with partner agencies and the communities we serve, each day brings a new challenge. Whatever your interests and skills, this scheme offers something for everyone!

This pack has been written *by Registrars for Registrars* and aims to:

- introduce you to the Faculty of Public Health (FPH) and Speciality Registrar Committee (SRC); and
- summarise key elements of the scheme, and complement the in-depth inductions of the regional Training Programmes.

FPH oversees the quality of public health training and professional development.

FPH exists to:

1. develop public health with a view to maintaining the highest possible **standards** of professional competence and practice, including through setting, monitoring and promoting standards in education and training for public health in the UK,
2. promote for the public benefit the advancement of **knowledge** in the field of public health; and
3. act as an **authoritative body** for the purpose of consultation and advocacy in matters of educational or public interest concerning public health.

The Strategic Vision is:

“To maximise effective public health action at local, regional, national and global levels by drawing on and supporting its members to deliver, influence and lead public health.”

This will be achieved through FPH’s **four priorities:**

Advocacy, Workforce,
Standards, Knowledge

Delivery of these will be supported by FPH's **four enablers:**

Membership, Partnership,
Profile, Global

Take time to read [“Delivering Better Health for All – a five year vision”](#)

All Registrars enrol with FPH. Membership offers additional benefits.

Enrolment and Membership Cost

- All Registrars are required to enrol with FPH and pay the first **annual** Training and Membership fee within three months of commencing the training scheme.
- For 2018 the Registrar Training and Membership fee is £290 (fee subject to annual review in line with inflation).
- FPH fees (including exam fees) can be claimed as work based expenses by HMRC.

Membership Benefits

- A free subscription to our quarterly **Public Health Journal**.
- A **monthly e-bulletin** with updates on FPH, wider public health news, and opportunities to get involved.
- Dedicated **online members area** with your resources and public health profile, and FPH Extra (discounts off products & services).
- Access to **Special Interest Groups (SIGs)**; our member led networks focused on particular themes such as transport or global public health.

Keep an eye out for your invitation from
Marijana Curic

The Speciality Registrar Committee (SRC) is here to ensure your views are heard.

Our Vision Statement

- The SRC is a formal subgroup of the FPH Education Committee.
- Its purpose is to **represent the interests** of Specialty Registrars in Public Health from across the UK, ensuring the views of Registrars are heard at other FPH Committees.
- Those views may be in relation to FPH policy, national consultations, business and project objectives, training, the practice of public health, and to the maintenance and improvement of population health.

Your Involvement

- Each Deanery region nominates two* Registrar representatives (Reps).
- SRC Reps attend quarterly meetings, act as SRC Rep on another FPH committee, and engage with one or more of the SRC's priority workstreams.
- SRC priorities for 2018/19 are to improve:
 1. improving examination processes,
 2. improving communications between registrars, SRC and FPH

*Six for London, Kent, Surrey & Sussex

Find out who your Region's SRC Reps
are, and how you can get involved!

Training lasts 5 years* and is divided into two phases.

- In **Phase 1** you'll focus on acquiring key skills and knowledge – as evidenced by completing a Masters in Public Health at a university, passing the Part A Exam, and signing off learning outcomes through your portfolio of work during placements.
- In **Phase 2**, you'll consolidate core competencies in generalist settings and develop special interests – as evidenced by passing the Part B Exam, and signing off further learning outcomes.
- At every year end, Registrars have an Annual Review of Competences Progression (**ARCP**, see slide 11).

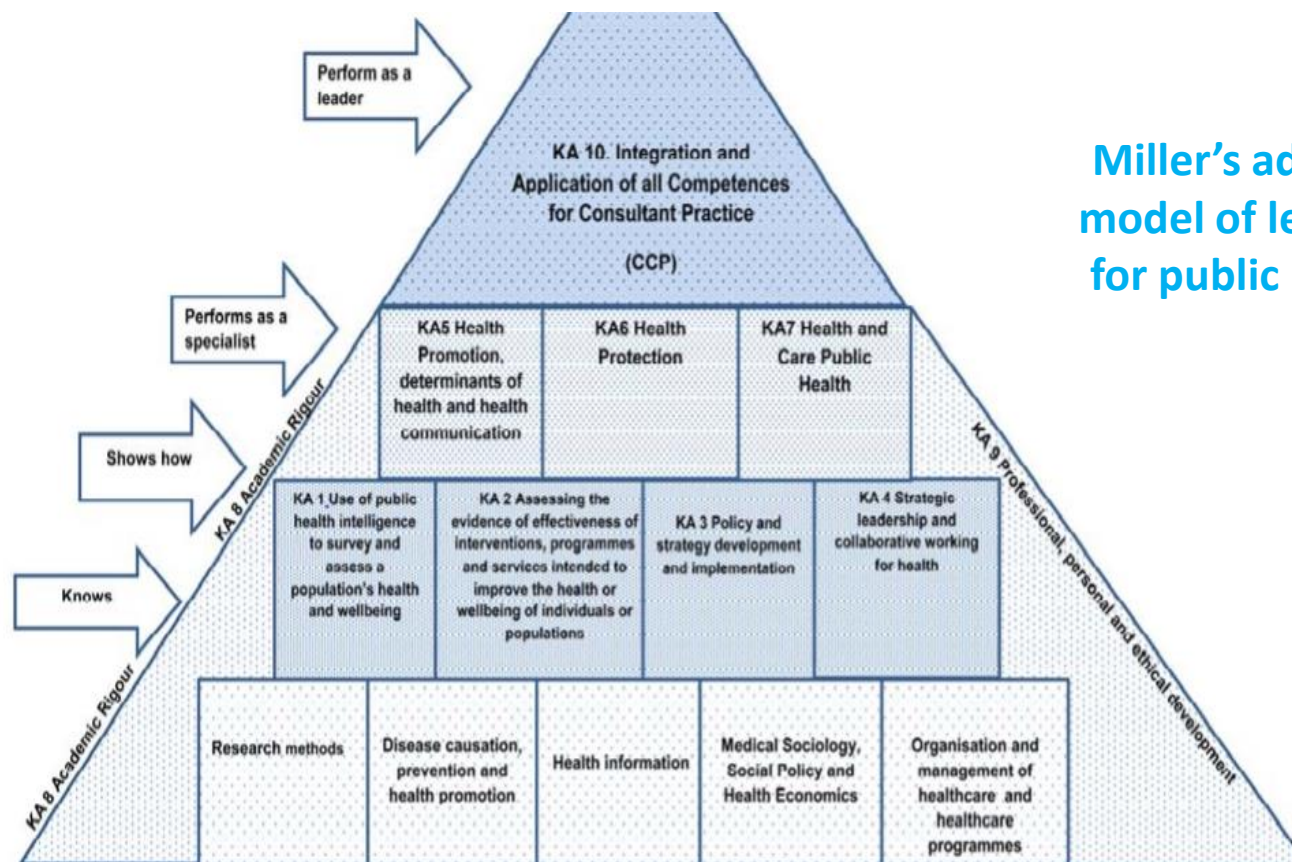
PHASE 1			PHASE 2	
ST1	ST2	ST3	ST4	ST5
KNOWS	KNOWS HOW/SHOWS	SHOWS HOW/DOES		DOES
	ARCP	ARCP	ARCP	ARCP
	PART A**	PART B***		
2 years (normally up to 30 months maximum). Part A and Part B MFPH obtained in this phase and public health knowledge and core skills gained. Registrars are also expected to begin to demonstrate development of ability to integrate their use of those skills as progress towards independent practice. In phase 1 this will be assessed by examination, at each annual appraisal and ARCP.			This phase allows the registrar to take increasing levels of responsibility leading to the final year when registrars are expected to work at consultant level but under supervision. In the final year, supervision will become increasingly 'light touch' as the Educational Supervisor judges that the registrar can be entrusted with work reflecting a high level of responsibility. 'Acting up' into a consultant post is encouraged in the final year of training. In phase 2 workplace based assessment, annual appraisals and ARCP will continue to assess this progress.	

*shorter for those who arrive with a Masters in Public Health and longer for those who train less than full time.

The [Gold Guide](#) sets out the overarching arrangements for speciality training.

Read more about training on
the [FPH website](#)

The Curriculum describes the learning outcomes for Registrars through training.



Miller's adapted model of learning for public health

Download the 2015 Curriculum [here](#)

Over time, you may gain experience in a number of settings.

Phase 1		Phase 2
England	Local authority, health protection team	e.g. Local authority, university, health protection team, acute trust, community trusts, third sector, Nationally Available Training Placements
Northern Ireland	Public Health Agency	e.g. Public Health Agency, Queen's University Belfast, Northern Ireland Cancer Registry, Department of Health
Scotland	Geographical health board	e.g. Health board, Scottish Government, specialist health boards, Glasgow Centre for Population Health
Wales	Local public health team	e.g. Health protection team, health intelligence division, Welsh Government, university, National Available Training Placements

Talk to your Training Programme about out of programme/overseas options

The Part A and Part B exams are key milestones.

Part A

- Tests knowledge, understanding and application of the scientific basis of public health and related disciplines e.g. sociology, health economics
- 2 papers over 2 days (1A, 1B, 2A, 2B); January and June sittings, London
- Passing the Part A leads to Diplomate Membership of FPH (DFPH)
- Registrar-suggested resources: Textbook (Mastering Public Health, Lewis et al.), [Health Knowledge](#) website, [Ed Jessop](#) course, [BMJ statistics](#)

For Part A details incl syllabus and past papers, see [here](#)

Part B

- A 'show how' assessment of ability to apply relevant knowledge, skills and attitudes to practice of public health
- 5-6 role play stations; runs 4-5 times a year, nationwide
- Passing the Part B leads to Full Membership of FPH (MFPH)
- Registrar-suggested resources: Textbook (Practising Public Health, Briggs et al)

For Part B details incl example scenarios, see [here](#)

Ask your Training Programme what preparation support is available

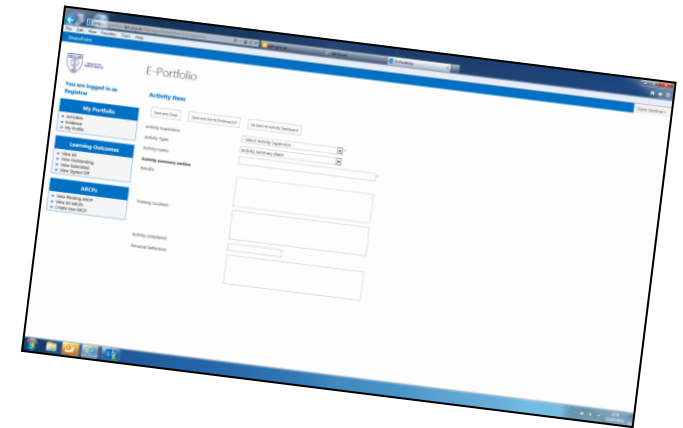
Reflective practice is intrinsic to speciality training and professional practice.

Registrars use FPH's ePortfolio to evidence and reflect on work and activities completed in line with the required learning outcomes.

Supported by your educational and academic supervisors, Registrars consider:

- What went well
- What was more challenging
- How this might change your practice moving forward
- What if any new learning needs you have identified.

For more information on ePortfolio, see [here](#)



Keep an eye out for your invitation to sign up and start using ePortfolio

Throughout training, you'll be supported and assessed year on year.

Support is available from a number of sources:

- **Educational Supervisor** – oversees progress, and provides training and supervision, appraisals and reporting
- **Academic supervisor** – provides specific input e.g. research opportunities, exam preparation, and reporting
- **Project supervisors** – provide day to day support
- **Training Programme Director** – provides overall help and guidance
- **Other Registrars** – for peer support e.g. buddy on arrival, local networks

Your progress – as evidenced by your ePortfolio and supervisor reports - is assessed at your ARCP.

- Satisfactory completion of training leads to registration on either the General Medical Council (GMC) specialist register or the UK Public Health Register (UKPHR).
- Registration is mandatory to practice as a consultant in public health in the UK.

Familiarise yourself with your Training Programme's Educational Supervisor Toolkit

There's also plenty of opportunity to connect with the wider public health community and keep up to date.

Global

Join [FPH's Special Interest Groups](#) (SIGs) e.g. Public Health Africa and the European Network of Medical Residents in Public Health ([EuroNet](#))

National

Join the Registrar Yahoo Group by emailing phtraineenetwork-subscribe@yahoogroups.com; attend conferences e.g. FPH, Public Health England and join [FPH's SIGs](#)

Regional

Get involved with activities via your Training Programme e.g. communications platform, committees, journal club, learning sets, conferences

Personal

Keep up to date by signing up for e-newsletters, podcasts, twitter feeds or blogs... (see next slide for ideas)

Discuss your study budget with your
Training Programme

As well as SRC Reps, some other registrar representatives you might want to seek out include:

- **Your regional UNITE Rep**

(national registrar lead currently Ruth du Plessis ruthaduplessis@gmail.com)

- **Your regional BMA Rep**

(national registrar lead currently Dino Motti dino.motti@gmail.com)

Lastly, a few ideas from the SRC to get you going....

Follow (e-newsletters, twitter etc.): BMJ, HSJ, DH, PHE, King's Fund

Journals: JPH, EJPH, The Lancet, BMJ

Podcasts: Lancet (quite a few), BMJ (quite a few), BBC (Inside Health, More of Less: Behind the Stats etc.), Training in Public Health

Blogs: PHE Screening, PH matters (PHE), Local Democracy and Health

Tools to make life that little bit easier:

- Surveys: [SurveyMonkey](#)
- Scheduling: [Doodle](#)
- Polls: [Poll Everyone](#)
- Infographics: [Easel.ly](#) & [Infogram](#)
- Reference Management: [Mendeley](#)

If you have any suggestions to add to this list, please let your SRC Rep know

Above all, if you have any questions, please ask!
We also welcome feedback on this pack and the
FPH induction event.

Emily (SRC Chair) can be reached at
emily.walmsley@nhs.net

FPH is always happy to help and can be contacted via
Marijana Curic, Specialty Training Co-Ordinator, at
marijanacuric@fph.org.uk



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