



Pakistan Special Interest Group

Member profiles 2019



Zafar Iqbal

MBBS MRCGP DCH
FFPH

Professor

Chair of the FPH
Special Interest
Group on Pakistan

Summary

Zafar qualified from St Marys Hospital Medical School University of London. He originally trained as a General Practitioner and has worked as a Director of Public Health and a Medical Director in the West Midlands. His interests are the prevention of cardiovascular diseases, primary care and public health, health service resource utilisation, prioritisation of health service and health service planning. He has been appointed by an NHS Provider Trust to establish a Public Health function. Zafar has spoken at many national events on topics such as primary care and public health, obesity, lifestyle services and National Health Service Health Checks.

Professional memberships and activities

- Chair of the Faculty of Public Health Pakistan Special Interest Group
- The Registrar for the UK Public Health Register
- Previous board member of the Faculty of Public Health and held the Assistant Registrar position
- National Expert Scientific and Clinical Advisory Committee for National Health Service Health Checks
- Member of an External Advisory Group for a Minorities Health Disparities Research Unit at The University of Alabama Birmingham USA

Research or training interests

Zafar is a founding board member of an academic unit established in 2015 to established to reduce health inequalities through translational research. <http://www.chadresearch.co.uk/>

He has published several books on cardiovascular disease prevention and research papers following a RCT. Recently he has published a chapter in a book on spatial planning and health.

Contact

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**Mamoonah
Tahir**

MBBS, MPH, FFPH

Consultant in
Communicable
Disease Control,
Public Health
England

Summary

Dr Mamoonah Tahir has 34 years of medical and public health experience in Pakistan and the UK. She is currently working in Public Health England as a Consultant in Communicable Disease Control in West Midlands.

She has a track record of leading the Blood Borne Virus programme and is currently leading the Hepatitis C elimination programme in the West Midlands. She has previously led on Pandemic influenza / Avian planning, disaster/emergency planning and management. She has successfully led the response to high profile outbreaks of MERS Corona virus, tuberculosis, gastrointestinal disease outbreaks, and HIV outbreaks.

She has more recently worked in Pakistan as a UK Senior Health Advisor to Pakistan on development of Integrated Disease Surveillance and Response System with the Punjab Government.

Mamoonah is module leader for the Health Protection module on Masters in Public Health (MPH) at Warwick University and teaches the MPH at The Birmingham University. She is the UK Faculty Advisor in West Midlands and Examiner for the Part A, MPFH exam

Professional memberships and activities

- Chair of UK Pakistan Public Health Group
- Member of the Faculty of Public Health Pakistan Special Interest Group
- Honorary Senior Lecturer Warwick University
- Faculty Advisor West Midlands (Faculty of Public Health UK)
- Faculty Assessor
- Examiner for UK Membership of Faculty of Public Health Exam
- GMC appraiser and Educational Supervisor

Research or training interests

Health systems, surveillance, communicable disease control, viral hepatitis, and infection control

Contact

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Mahmood Adil

MPH, DCH, CerHEcon,
DipHInformatics,
MHSM, FRCP (Edin),
FFPH, DipIoD

Medical Director
Public Health & In-
telligence
NHS National Ser-
vices Scotland

Summary

Mahmood has 25 years of medical, public health and executive management experience in the NHS and USA. He is currently responsible for the delivery of health intelligence (data/informatics) and health protection functions for Scotland.

Demonstrable track record of national and international achievements. Prior to joining Scotland, he held the post of National Quality and Efficiency Advisor at the Department of Health (England) with a remit to improve patient outcomes and innovate services in all the 244 NHS hospitals in England, World Bank advisor to Turkey, visiting professor at Manchester Business School and post graduate examiner for the Royal Colleges and also done teaching and research at the Yale School of Public Health (USA).

Professional memberships and activities

- Fellow of the Faculty of Public Health (UK)
- Fellow of the Royal College of Physicians (Edinburgh)
- Member of the Faculty of Public Health Pakistan Special Interest Group
- Alumnus, Harvard Kennedy School
- Alumnus, UK Prime Minister's Top Management Programme,
- Alumnus, Yale University
- Institute of Directors (UK)
- Institute of Healthcare Improvement (USA)

Research or training interests

- Leadership competencies and skills development
- Comparative healthcare systems analysis

Contact

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**Paul
Johnstone**

BM DCH DTHM
MRCGP FFPH

Regional Director
North of England,
Public Health Eng-
land

Summary

Professor Paul Johnstone is the Regional Director (North) and an executive director for Public Health England. Previously he was Director of Public Health for NHS North of England (2011-13) and Regional Director of Public Health for Yorkshire & the Humber - setting up its first regional team in 2002-11. Paul has worked as a hospital doctor, GP and executive director. In the 1990s he entered public health in Oxford, worked for the Cochrane Collaboration then Oxford University as honorary senior lecturer. His research interests are in health inequalities, evidence based healthcare, devolution, primary healthcare and global health.

Paul has also worked internationally initially with refugees in Afghanistan, Pakistan and Sudan, then for DFID and a health adviser in the West Indies. Recently he led PHE's reconstruction project for Sierra Leone post Ebola and is a senior technical adviser to WHO. He lives in North Yorkshire with his family.

Professional memberships and activities

- Co-chair of North2 North Health Partnership; a charity which promotes learning and sharing between health services in Northern Pakistan and Northern UK.
- Fellow of Faculty of Public Health
- Member of the Faculty of Public Health Pakistan Special Interest Group
- Visiting Professor at Leeds Beckett University
- Executive lead for PHE Sierra Leone

Research or training interests

Training: Health and public health systems management and leadership

Research: Cochrane reviews, evidence based healthcare, primary healthcare, health inequalities and global health.

Contact

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Neil Squires

MBChB, DTM&H, MPH,
FFPH

International Registrar and Chair of Global Health Committee, Faculty of Public Health.

Director of Global Public Health, Public Health England

Summary

Professor Neil Squires is Director of Global Public Health at Public Health England and was previously Head of Professional for Health at the UK Department for International Development. He has spent many years working internationally, including supporting the development of PHE's relationship with the Government of Pakistan to strengthen compliance with the International Health Regulations.

Neil has been a District Medical Officer in Malawi, worked as a Regional Adviser for DFID covering Nigeria, Ghana and Sierra Leone, and has lived in Bangladesh and Mozambique. He worked with the European Commission in Brussels developing the EU strategy on global human resources for health and was a Board Member of the Global Health Workforce Alliance and co-chair of a WHO working group supporting the development of the Global Human Resources for Health Strategy.

Professional memberships and activities

Neil is currently on the Board of the Faculty of Public Health where he holds the position of International Registrar. He is also the Chair of the FPH Global Health Committee and has been the chair of the Academy of Medical Royal Colleges Global Health Group. He is a member of Faculty of Public Health Pakistan Special Interest Group.

Research or training interests

Neil is currently working with NICE International to undertake a Health Technology Assessment of Cuba's medical education model and its utility in South Africa. He has been a Cochrane Systematic Reviewer and has published in the Bulletin of WHO on the cost effectiveness of Community Health Workers.

Contact

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Samia Latif

MBBS, MPH, FFPH

Consultant in Communicable Disease Control, Public Health England

Summary

Samia trained in Public Health in the UK and has experience in health protection, health improvement and healthcare public health.

She is currently a Consultant of Communicable Disease Control at Public Health England in the East Midlands. As a consultant she is the patch lead for Northamptonshire. She is the Associated Caldicott Guardian for the region and also the health protection team's Migrant Health lead and Air Quality lead.

Her areas of interest are health protection, in particular, communicable diseases and global public health, public mental health, health improvement and health inequalities.

She has been involved in the response to various local, regional and national outbreaks including both the swine flu pandemic and Ebola outbreak in West Africa.

Professional memberships and activities

Samia is the Assistant Academic Registrar for the UK Faculty of Public Health (FPH), a member of the UK FPH's Global Health Committee and is a member of the Faculty's Special Interest Groups on Pakistan and Global Violence Prevention. She sits on the East Midland's NHSE Clinical Senate Assembly and has been involved in regional reviews of healthcare services.

Her skills include public health expertise, surveillance and risk assessment, evidence based decision making, collaborative working and leadership skills.

Samia is a GMC appraiser, an educational supervisor and an accredited mentor in healthcare.

Research or training interests

- ♦ Health protection
- Global public health

Contact

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Anjum Memon

MBBS, DPhil [Oxon],
FFPH

Chair in Epidemiology
and Public Health
Medicine

Summary

Professor Anjum Memon is a medically qualified epidemiologist and public health academic. He trained in epidemiology at the University of Oxford under the supervision of Sir Richard Doll FRS – the eminent epidemiologist who discovered the main hazards of smoking. Anjum joined BSMS in 2005, having previously worked at the Universities of Oxford, Kuwait and Cambridge. He is a Fellow of the Faculty of Public Health and an Honorary Consultant in Public Health Medicine.

Professional memberships and activities

Along with teaching, research and public health service work, Anjum contributes to capacity building, training and quality assurance activities in public health. These roles include:

- Faculty Assessor for appointments of consultants
- Member of the Faculty of Public Health Pakistan Special Interest Group
- Part A MFPH Examiner
- Public Health England Appraiser for consultants and GMC revalidation
- Academic Supervisor for public health trainees and junior doctors
- External Examiner at the Universities of Oxford and Cambridge
- Chair of the Organising Committee for the 57th Annual Scientific Meeting of the Society for Social Medicine
- Member of the International Scientific Committee, European Public Health Association

Research or training interests

Epidemiology underpins public health and clinical medicine – it provides evidence to protect, restore and promote health, and to tackle major chronic diseases and public health issues. Anjum has an extensive portfolio of research and scholarship in epidemiology of chronic diseases (e.g. cancer, diabetes, cardiovascular/gastrointestinal diseases) and public health issues in the population (e.g. cancer awareness, smoking cessation, drug and alcohol use, community mental health and wellbeing, and suicide prevention).

Contact

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**Muhammad
Abid**

MBBS MCPS DTCD
FFPHM

Consultant in Public
Health/Health Protection

Summary

Muhammad is a senior and experienced public health professional who completed his medical degree in Lahore, Pakistan. After working in different medical specialties, he was trained in Public Health Medicine, in the West Midlands Regional Training Scheme and has worked in Berkshire with many organisations in the UK since then, such as Berkshire Health Authority, Health Protection Agency and Public Health England. Muhammad is an accredited trainer and has supervised many Public Health Specialist trainees over the years in the Thames Valley, UK. He is also a trained mentor and has mentored many trainees. He has acted as Regional CPD Adviser in the Thames Valley.

Since August 2017, he is working as a Faculty Professor in Public Health, College of Medicine & Health Sciences, United Arab Emirates University, Al Ain, UAE. He is teaching to undergraduate and postgraduates students (MPH and PhD) and is the Course Coordinator for the MPH.

Professional memberships and activities

- Member of the Faculty of Public Health Pakistan Special Interest Group
- FPH International CPD Adviser
- Assessor for the Faculty of Public Health
- Advisory Appointment Committees for consultant and Director of Public Health appointments
- Visiting Professor at the University of Health Sciences in Lahore, Pakistan

Research or training interests

He has extensive experience in Public Health, especially in Health Protection and has strong commitment to public health principles focusing on prevention, health improvement, advocacy and training. In Health Protection, his special interests include surveillance, tuberculosis and blood-borne viruses, especially Hepatitis C. Since 2011, he has been leading an initiative to increase Hepatitis C awareness in Pakistan. He was also Regional Tuberculosis Lead for the Thames Valley and South East Region.

He is very keen in developing capacity building and workforce development for the Public Health Specialists in Pakistan and other developing countries. In 2015, he prepared a report for the Department of Health in Punjab, Pakistan on the scoping of curriculum development and workforce development in that province.

Muhammad has a special passion for teaching, training, research, Academic and Global Health.

Contact

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Musarrat Afza

MBBS, MRCP (UK), MSc
(Glasgow), MPH
(Birmingham), FFPH

Consultant in Com-
municable Disease
Control

Summary

Musarrat qualified from Dow Medical College, Karachi. She trained as a physician with interest in Diabetes & Endocrinology in Glasgow, UK. She has held Consultant Physician posts in Islamabad and UK and for the past 10 years a Consultant in Public Health post with Public Health England (and Health Protection Agency-its predecessor organisation).

Her special interest areas include immunisation and vaccine preventable disease, health care associated infections and antimicrobial resistance, development of public health teaching in undergraduate medical curricula and clinical specialties and co-ordinating and delivering quality assured training of specialists in public health.

Professional memberships and activities

- Member of the Faculty of Public Health Pakistan Special Interest Group
- Fellow of the UK Faculty of Public Health
- Founding member of the UK Pakistan Public Health Group
- Clinical Lecturer in Academic Public Health in Keele University
- Honorary Fellow of Staffordshire University UK
- Visiting Faculty of Dow University of Health Sciences, Karachi Pakistan

Research or training interests

Musarrat is training lead for Specialist Public Health training in Health Protection, Deputy Faculty of Public Health Advisor for training in West Midlands and Director of Training for Courses and Public Health in clinical specialties.

Contact

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Sabina Aziz

MBBS, MPH(UK), FCPS
(Pak), FFPHM (UK)

Professor and Head
Department of Com-
munity Medicine and
Associate Dean Khy-
ber Girls Medical
College

Summary

Sabina qualified from Khyber Medical College in Peshawar, Pakistan. She started her Public Health Career as a trainee and initially taught and trained undergraduate medical students in public health and then moved on to work in public health programs in Peshawar, Pakistan. She completed her Master's Degree in Public Health and Epidemiology at the University of Birmingham, UK and on her return she taught and trained both undergraduate and postgraduate trainees in basic and clinical epidemiology, biostatistics and research skills. Sabina later completed her first Fellowship in public health/community medicine in Pakistan and attained her second Fellowship from the Faculty of Public Health, UK. Sabina has worked in academic public health and as a Public Health Practitioner in various public health programmes in Pakistan and as a Consultant in Public Health in the UK. Currently she is the Associate Dean for Undergraduate Medical Education at the Khyber Girls Medical College and also the Head of Department of Public Health and Community Medicine. Sabina is currently further developing her skills in pedagogy to enhance teaching and training in public health and has enrolled in a two year degree program in medical education and also qualified to become an online distant learning tutor in public health for the University of Roehampton and continuously participates in Faculty Development programs.

Professional memberships and activities

- Member of the Faculty of Public Health Pakistan Special Interest group
- Member of the Public Health Association, Peshawar, Pakistan
- Member of the standing committee for Khyber Pakhtunkhwa (KP) Women's commission
- Chair and member of various academic and non-academic committees.

Research or training interests

- Disparities in health and the public health implications
- Gender based violence and public health implications
- Healthy workforce; Strategies to promote and retain women medics in the workforce in gender biased environments
- Development of curriculum and teaching and training strategies for undergraduate and postgraduate students in Public health and research

Contact

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Irfan Ghani

MBBS, MSc, PGCert

Consultant in Public
Health Medicine

Summary

Dr Irfan Ghani qualified as a doctor from Pakistan in 2003. After completing his Masters in Public Health at the London School of Hygiene and Tropical Medicine, he joined the West Midlands Public Health Specialist Training Programme. He is currently working as Consultant in Public Health Medicine in Local Government and Training Programme Director for the Public Health Specialty Programme in the West Midlands. He is the Public Health lead for Sexual health, Substance misuse and health Protection in his Local Government. He is involved in several senior level leadership roles and high-level responsibilities and has worked successfully in partnership with a range of stakeholders. Skills include leadership, data analysis, commissioning, health policy implementation, partnership working, teaching and training.

Professional memberships and activities

- Member of the Faculty of Public Health Pakistan Special Interest group
- Fellow of the Faculty of Public Health (UK)
- General Medicine Council

Research or training interests

- Medical education
- Workforce development
- Mentoring

Contact

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Mohammed Jawad

MBBS, BSc (hons), MSc

Specialty Registrar in
Public Health Medi-
cine

Summary

Dr Mohammed Jawad is a PhD candidate at the Public Health Policy and Evaluation Unit, Imperial College London, studying the impact of armed conflict on non-communicable disease risk and management among Palestine refugees in the Middle East.

Dr Jawad graduated with a medical degree from Imperial College London and holds a BSc in Management and Health Sciences from Imperial College Business School. He is an NIHR Academic Clinical Fellow and Specialty Registrar in Public Health Medicine. He also has a Masters in Public Health and is a Member of the Faculty of Public Health (MFPH).

Dr Jawad has published over 70 academic papers, mainly in tobacco control, and is interested in the epidemiology of tobacco use and interventions to promote its cessation. His doctoral thesis is leading him towards a research focus on refugee health in Middle East in collaboration with the United Nations Relief and Works Agency (UNRWA).

His doctoral studies are supported by the Medical Research Council.

Professional memberships and activities

- Member of the Faculty of Public Health (UK)
- Secretary of the Faculty of Public Health Pakistan Special Interest Group
- Executive Committee of the Faculty of Public Health Global Violence Prevention Special Interest Group
- Member of the Faculty of Public Health Yemen Special Interest Group
- Editorial Board Member for BMC Public Health and Scientific Reports

Research or training interests

- Non-communicable diseases, in particular tobacco control
- Refugee health
- Armed conflict and the political determinants of health

Contact

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Zeshan Qureshi

BM MRCPCH MSc BSc
(Hons)

Paediatric Doctor,
King's College Hos-
pital, London

Summary

Zeshan is an academic and clinical paediatrician, with a special interest in global health and medical education. He works at King's College Hospital, London. His academic work is linked to the Institute of Global Health, University College London. He graduated with distinction from the University of Southampton in 2009 and has published and presented research in the fields of pharmacology, global health, and medical education.

He is the chief editor of the successful Unofficial Guide to Medicine series, which regularly tops Amazon's bestseller list for medical books. Outside of work, he enjoys tennis, travelling, gardening and scuba diving.

Professional memberships and activities

- Member of the Faculty of Public Health Pakistan Special Interest group
- Member of the Royal College of Paediatrics

Research or training interests

- Paediatrics
- Stillbirth prevention
- Newborn health

Contact

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Waseem Gill

MBBS, MRCP, MBA,
DRCOG, DFFP

Medical Practitioner
with extensive GP
and managerial ex-
perience

Summary

Waseem has clinical and managerial primary care experience in the UK and abroad, in both the public and private sectors.

He has diverse areas of activity with particular interests in clinical governance, non-scheduled care and primary care engagement and development.

Waseem is the primary care link for the Faculty of Public Health Special Interest Group on Pakistan; developing relationships with GPs, the RCGP International Team and other healthcare professionals and organisations that could add value.

Professional memberships and activities

- Member of the Faculty of Public Health Pakistan Special Interest group
- Member of The Royal College of General Practitioners

Contact

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Jo Robins

BSc, MSc, FFPH

Consultant in Public
Health

Summary

Jo is an Independent Consultant in Public Health with 20 years experience of working in the NHS.

She has held Public Health Consultant roles in urban and rural areas with responsibilities for Health & Wellbeing Strategy, Children's Lead, Business Planning, JSNA, and Health Improvement. In 2015/2016 she was Programme Director for Transformation across NHS and council. She has been involved in the re-design of an NHS provider Children and Adolescent Mental Health Service (CAMHS) resulting in significant improvement and development of a five year strategy/action plan. She is trained in and delivers evidence based quality improvement tools to multi-disciplinary NHS teams.

Jo is currently leading social prescribing programme in Shropshire working across the NHS, council and third sector. She is also a trainer with the European wide network Eurohealth net.

Professional memberships and activities

- Member of the Faculty of Public Health Pakistan Special Interest group
- Fellow of the Faculty Public Health
- Peer Reviewer for LGID – Children's Safeguarding
- Faculty Member, Sustainable Improvement Team, NHS England
- Director – Parents1st

Research or training interests

- Children's health (mental health and school based interventions)
- Delivering training to NHS multi-disciplinary teams using quality improvement tools

Contact

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Haleema Masud

Pharm D, MS Public
Health, PhD (in
progress)

PhD Candidate
University of Warwick

Summary

Haleema Masud is a PhD candidate at Warwick Medical School, University of Warwick, Coventry; studying the political economy of reducing the affordability of tobacco products in Pakistan.

Ms. Haleema qualified as a pharmacist from Pakistan in 2008. She also has a Masters in Public Health with specialization in Health Economics from Umeå University, Sweden. She has over seven years of research and academic experience in Pakistan. Ms. Haleema is mainly interested in tobacco control using tools from politics and economics. Her doctoral thesis is leading her towards a prospective policy analysis of reducing tobacco affordability in Pakistan. Her other interest areas include tobacco cessation, health systems research, public health training and global health.

Professional memberships and activities

- Member of the Faculty of Public Health UK Special Interest Group Pakistan

Research or training interests

- Tobacco control, in particular the political economy aspects
- Health systems research and issues
- Global health
- Public health training

Contact

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Hashum
Mahmood

BSc, MPH, MRes, MPhil

Health Inequalities
Programme Manager
Public Health England

Summary

- Information Manager – Health Protection Agency (2005 – 2008)
- Public Health Epidemiologist – Birmingham East & North PCT (2008 – 2013)
- Public Health Service Manger – Birmingham City Council Public Health (2013 – 2018)

Hashum has a keen interest in the sociological model of public health and is currently researching the influence of religion and faith on health improvement. As well as this he is interested in developing the evidence base through academic publications of health issues and inequalities within ethnic populations.

Professional memberships and activities

- Member of the Faculty of Public Health Pakistan Special Interest Group
- Fellow of Royal Society of Public Health
- Visiting Fellow Staffordshire University

Research or training interests

- Health Inequalities
- Academic Public Health
- Interaction of religion / faith and public health

Contact

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**Anwar
Tufail**

MBBS, MRCP, PG cert
MEDSci

General Practitioner
North Staffordshire

Summary

Anwar graduated from Kyber Medical College University of Peshawar, after completing his house job Anwar worked closely with The WHO polio immunisation programme.

Anwar came to England in 2003 he initially trained in emergency medicine before completing his GP training in Staffordshire, during his training Anwar completed a certificate in medical science from Keele University.

Once qualified as a GP Anwar became a GP partner in Stoke-on-Trent, Anwar has gone on to complete a program in medical leadership and is currently working as associate medical director for primary care at Midlands Partnership Foundation Trust.

Professional memberships and activities

Anwar is an elected board member for RCGP Midlands faculty, he is the first five lead for North Staffordshire and Stoke-on-Trent and is also an LMC member. He is a member of the Faculty of Public Health Pakistan Special Interest Group.

Research or training interests

Anwar has a special interest in medical education and leadership he has completed the GP trainers program and he is currently training GP registrars within his practice.

Anwar is also working closely with Keele university and recently has taken up a national first five research champion position.

Contact

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**Sally
MacVinish**

MBBS, MSc International Health, MSc Public Health, DTM&H

Specialty Registrar in
Public Health
Medicine

Summary

Sally worked as a medical doctor in the UK before specialty training in public health. She has worked in local government and Public Health England Health Protection teams in London and Liverpool. Her next placement is at Public Health England's National Infection Service. She has conducted research on the experiences of health workers in Jordan and spend decision-making in local authority public health teams. She has taught medical and MSc students on a range of public health topics including the social determinants of health, screening, and climate change. She has been an admissions interviewer and clinical examiner for two UK medical schools.

Professional memberships and activities

Diplomate Member of the Faculty of Public Health (DFPH)

Member of FPH's Health Protection and Pakistan SIGs

Research or training interests

- International public health
- Health protection, particularly communicable disease control
- Education

Contact

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