

Healthier **Together**

Improving health and care in Bristol,
North Somerset and South Gloucestershire



HEE Population Health Fellowship: A Fellow's Perspective

Sara Harford – HEE Population Health Fellow 2021-22, BNSSG



Who am I?

- Clinical dentist
- SpR in Special Care Dentistry (ST3)
South West: Bristol Dental Hospital & community clinics
- HEE National Population Health Fellow
0.4WTE Aug 2021- Aug 2022



Why did I apply?

Understand
PH
concepts

Project
management

Challenge

Address
health
inequalities

Meaningful
intervention

Learn new
skills in PH

Leadership

Add value to
future work

Collaboration &
networking

Fellowship so far...

- **Meetings, connections** (virtually!)
 - BNSSG host organisation
 - National Pop Health Fellows
 - PH registrars
- **Fellowship workshops**
 - Theoretical learning
 - Tasks, group work
- **Project work**

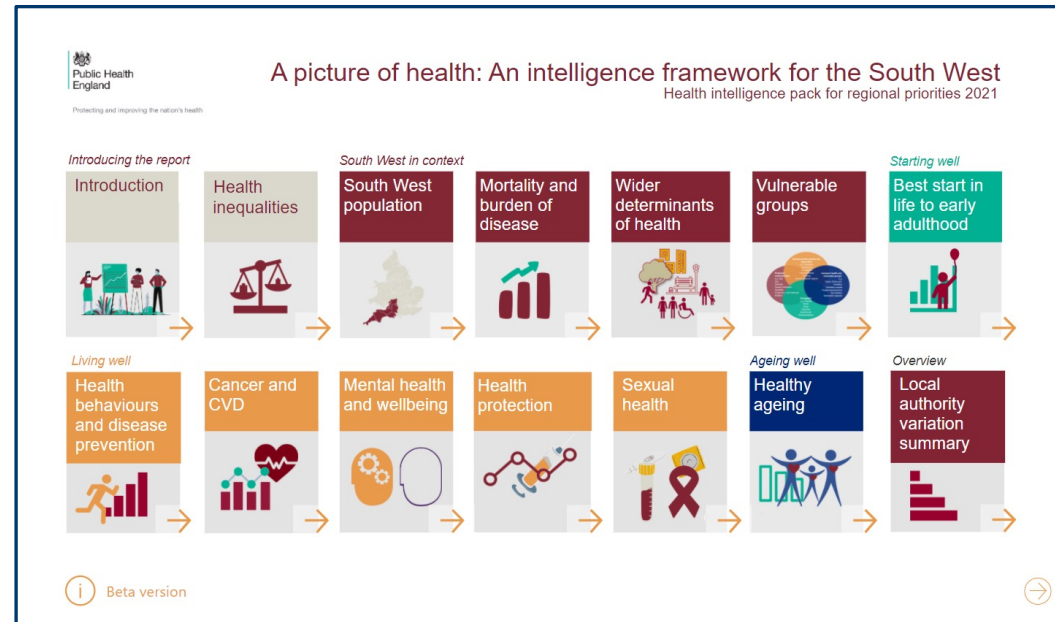
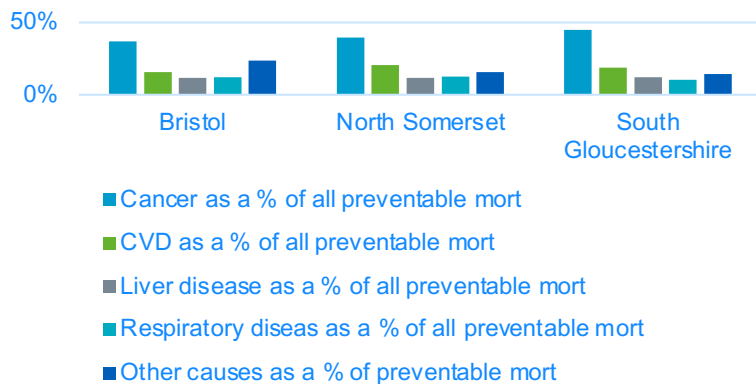


'ICS Outcomes Framework' Project

The health of our population will be improved through a focus on...	Our Outcomes
The health of our RESIDENTS	<ol style="list-style-type: none"> 1. We will increase population healthy life expectancy across BNSSG and narrow the gap between different population groups 2. We will reduce early deaths from preventable causes - cardiovascular and respiratory conditions, liver disease and cancers - in the communities which currently have the poorest outcomes 3. We will lower the burden of infectious disease in all population groups 4. We will reduce the proportion of people in BNSSG who smoke 5. We will improve self-reported mental wellbeing 6. We will increase the proportion of children who achieve a good level of education attainment
The health of our SERVICES	<ol style="list-style-type: none"> 1. We will increase the proportion of our residents who report that they are able to find information about health and care services easily 2. We will increase the proportion of our residents who report that they are able to access the services they need, when they need them 3. We will increase the proportion of our residents who report that their health and care is delivered through joined up services
The health of our STAFF	<ol style="list-style-type: none"> 1. We will increase the proportion of our health and care staff who report being able to deliver high value care 2. We will reduce sickness absence rates across all our Healthier Together partner organisations 3. We will improve self-reported health and wellbeing amongst our staff 4. We will improve Equality and Diversity workforce measures in all Healthier Together Partner organisations
The health of our COMMUNITIES	<ol style="list-style-type: none"> 1. We will reduce the number and proportion of people living in fuel poverty 2. We will reduce the number of people living in poor housing conditions 3. We will reduce levels of domestic violence and abuse 4. We will reduce levels of child poverty 5. We will increase the number of our residents describing their community as a healthy, safe and positive place to live
The health and wellbeing of our ENVIRONMENT	<ol style="list-style-type: none"> 1. We will increase the proportion of energy used by the estates of our Healthier Together partner organisations from renewable sources 2. We will reduce the total carbon footprint generated through travel of patients using our services 3. We will increase use of active travel, public transport and other sustainable transport by our staff, service users and communities

Data mapping

Preventable mortality by cause, 2017-2019, BNSSG



South Gloucestershire Public Health & Wellbeing EPI team, 2021



Public Health England

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Public Health Outcomes Framework

Search for indicators

Introduction

The Public Health Outcomes Framework sets out a vision for public health, that is to

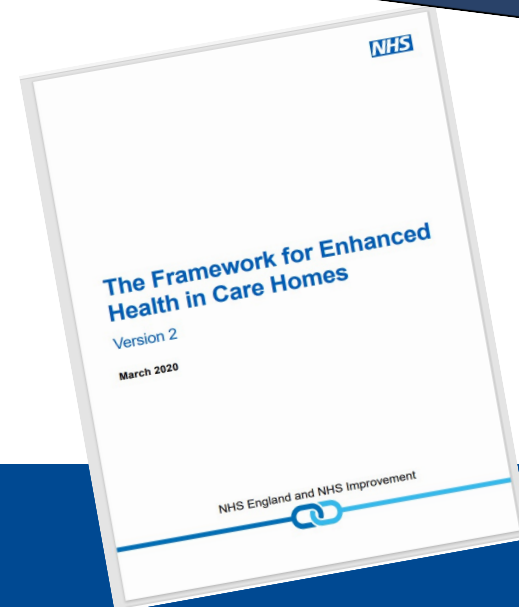
improve and protect the nation's health, and improve the health of the poorest fastest

START
Go to the data

Oral health in care homes

“Care home residents experience worse oral health than the general adult population”

- Inconsistent oral care
- Variation in knowledge, training and support
- NHS Long Term Plan

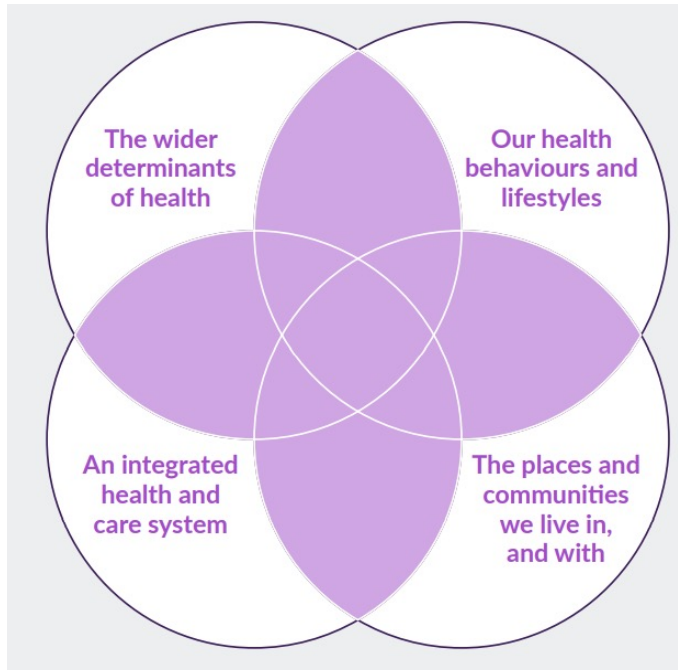


My aims

- Stakeholder & context mapping
- Determine actions for improvement
- Bring together key partners
- Ensure sustainability



Learning



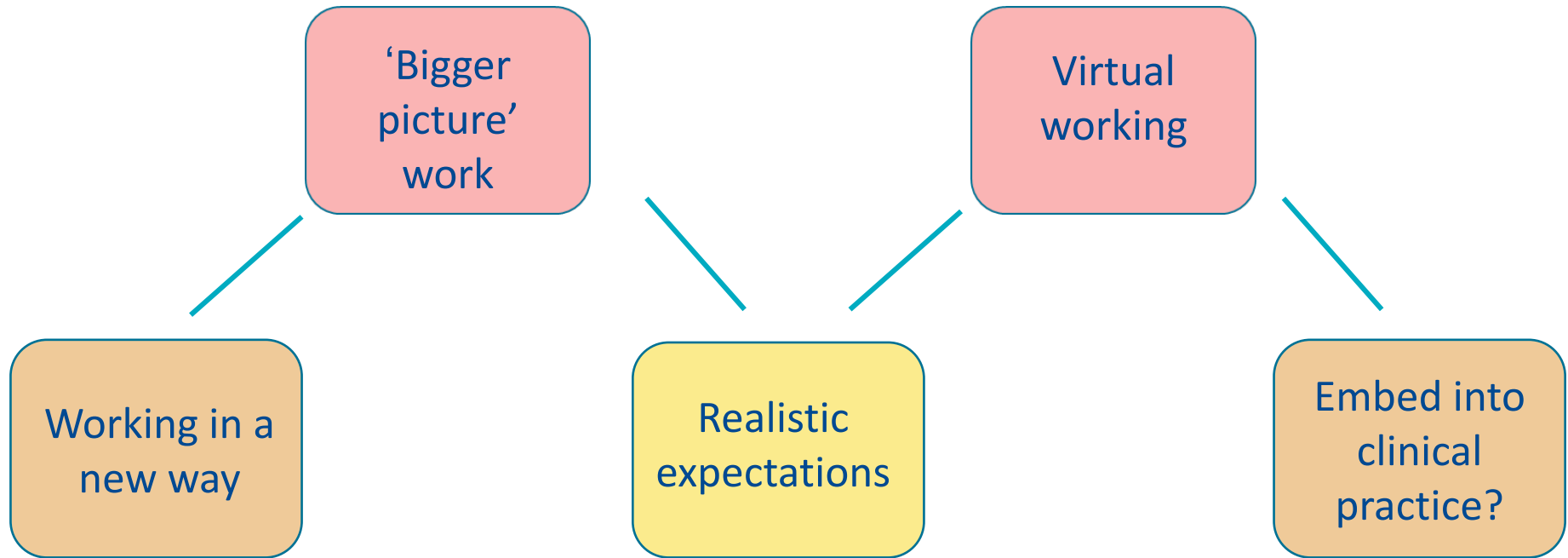
Local health inequalities

ICS Structures

Partnerships & collaboration

Use of data

Challenges



Future hopes

- Be an advocate for population health
- Maintain ICS connections
- Collaborate
- Plan inclusive, holistic patient services
- Hybrid role?



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