



FPH REGIONAL WELLBEING CHAMPION

ROLE DESCRIPTION

PURPOSE

1. To raise awareness and knowledge at regional level of the individual and systemic factors that impact on wellbeing of the public health workforce.
2. To promote and where appropriate, develop FPH, local and national resources that support public health workforce wellbeing.
3. To gather feedback from the region on current challenges and areas for improvement.

KEY RESPONSIBILITIES

- Raising awareness, offering support, and promoting best practice regarding wellbeing matters in their region/nation.
- Gathering resources on wellbeing and examples of good practice and sharing with FPH for publication on website.
- Gathering feedback from their region/nation on current challenges and areas for improvement.
- Acting as a regional point of connection between the public health workforce, FPH, and relevant system partners on wellbeing-related issues.
- Liaising and meeting with other Wellbeing Champions – as the “FPH Wellbeing Champion Network” – to share good practice and contribute to a better understanding of the issues.
- Advising on the FPH Wellbeing strategy and other policies which may impact on member wellbeing.
- Linking with other wellbeing-related roles across the regions and four nations, for example Wellbeing Guardians (NHS England) and the Workforce Wellbeing Champion Network in Scotland.

FPH aims to appoint a minimum of 13 Wellbeing Champions (one from each English region and devolved nation, plus one representative of the Specialty Registrars’ Committee).

PERSON SPECIFICATION

The post holder should:

- Be working in a core public health role, defined as a role where public health is identified as the primary purpose of the post and the individual is embedded within the public health system.
- Be an advocate for workforce wellbeing support and processes (demonstrable evidence of this is desirable).
- Be a good listener and able to give advice and support effectively.
- Be able to cultivate and maintain networks to support their wellbeing work.
- Be willing to learn and proactively seek out information and resources to supplement their knowledge.

FPH actively seek to have a diverse and representative group of Wellbeing Champions. As such all Practitioners, Members and Fellows working in core public health roles are encouraged to apply.

TERM OF OFFICE: 3 years

RESPONSIBLE TO: FPH Wellbeing Lead (currently Professor Tracy Daszkiewicz, FPH President)

TIME COMMITMENT: 1 day a month

NATURE OF ROLE: Voluntary