



Faculty of Public Health statement on the public health impact of global conflict and promotion of peace building

Action you may wish to take

The Faculty of Public Health is not responsible for the organisations or content listed below and this signposting resource is therefore not intended to be viewed necessarily as endorsement. This page will be reviewed regularly, and additional links may be added in due course.

World Health Organization

The World Health Organization (WHO) is working with partners to address the most urgent health needs in the region. More information on its operational response plan and public health situation analysis and situation reports on ongoing health emergencies is available on the [WHO website](#).

Donating time or money

Donating through established and well-coordinated emergency response appeal mechanisms is an effective way to support people. The following are charity and non-profit organisations who undertake activities related to the promotion of public health.

- [Action Aid](#)
- [Alliance for Middle East Peace](#)
- [British Red Cross](#)
- [Crisis Relief](#)
- [Disasters/Emergency Committee \(DEC\)](#)
- [The International Rescue Committee](#)
- [Magden David Adom - collecting for medical equipment in Israel](#)
- [Medical Aid for Palestinians \(MAP\)](#)
- [Médecins Sans Frontières / Doctors Without Borders \(MSF\)](#)
- [Save the Children](#)
- [Solutions Not Sides](#)
- [UNICEF](#)
- [UN Relief and Works Agency \(UNRWA\)](#)

Highlighting your own views

Often campaigning to influence and change government policy can be an effective way to promote public health. You may wish to write to your MP to express your views and outline the importance of public health education and practice throughout the UK and worldwide. You can [find who your current MP is and their email address](#).

Support on looking after yourself during times of difficulty

If you or your family are impacted directly

For those who are directly affected by the situation, because either you or a loved one live in the region you might find the following website useful:

- [Refugee Council](#) – support and information for people affected by crises
- [UK help and services in different regions - GOV.UK](#)

Hate crimes

Recent news reports show that people are experiencing hate crimes in different parts of the UK relating to the crisis in Israel Palestine. A [hate crime, as outlined by the Government](#), can include verbal abuse, intimidation, threats, harassment, assault and damage to property.

Should you be subjected to an act of hate crime you can report this online or call 101 to speak to the police. Call 999 if you're reporting a crime that's in progress or if someone is in immediate danger. Witnesses can also report a hate crime.

There are several national organisations that offer support to victims of hate crime. They provide services such as helplines, guidance, confidential safety advice and training. Some may be able to report a hate crime on a victim's behalf.

Maintaining your own health and wellbeing

Your wellbeing is an absolute priority. You can find out more on [the FPH wellbeing pages](#), and below there are a range of links to help you manage your own health and wellbeing.

- **England:** [NHS England's Support for our NHS people](#) - with 'support now', 'health and wellbeing programmes' and 'how-to guides'
- **Scotland:** [National Wellbeing Hub](#) - for everyone working in health, social care and social work in Scotland, with ideas on how to stay well
- **Wales:** [CALL \(Community Advice & Listening Line\) Mental Health helpline](#) is available 24 hours a day to listen and provide support. Call 0800 132737 or text 'Help' to 81066. For urgent mental health support call NHS 111 and press option 2, this is a free 24-hour line that anyone can use, in English or in Welsh. Health Education and Improvement Wales (HEIW) has a [wellbeing site and resources for health professionals](#).

- **Northern Ireland:** [Minding your head](#) has resources and directory of mental health local support. [HSCNI has a localised list of mental health and wellbeing services](#) within each health and social care trust area.